

Patient Participation Group

P.P.G.

Steppingstones Medical Practice.

CHILDREN'S CLINIC

As of the 1st of April 2013 (for a trial period) the following changes have been made to the children's clinic. You will now be able to telephone the surgery on the morning that your child is poorly and be given an appointment for that morning. This will make things easier and help to cut down the amount of time waiting in the Surgery.



IN THIS MONTHS ISSUE	
Changes to the Children's Clinic	1
NHS 111	2
PPG - What you need to know	3
Holiday Vaccinations	4
Prescriptions	5
Visit Us	6

THE PATIENT PARTICIPATION GROUP:

- Helping Steppingstones to improving it's services
- Provide Information
- Explore the changing needs of the patients
- Designing new services or help keep existing ones
- Representing the Practice locally & Nationally when patients' voices are needed

A NEW NUMBER TO REMEMBER

Phone Number 111

NHS 111 is a new telephone service for people in Dudley to call if they need medical help fast **but are not in a life-threatening situation.**

It will replace NHS Direct 0845 number and will be live from the 1st April 2013. The easy to remember, free to call number is being introduced across England to help reduce the pressure on A&E departments & the 999 service.

Available 24 hours a day, 365 days a week, the service is available for people who aren't sure if they need to go to A&E, don't have a GP to call or generally need reassurance and advice.

On dialling 111 a team of fully trained advisers and experienced nurses will assess your condition

and direct you to the local service that can help you best, when you need it.

There are now only three numbers to know:

- 999 FOR LIFE-THREATENING EMERGENCIES AND SITUATIONS

- 111 For Medical Advice

- 01384 458229 Your GP Surgery

It's not a 999 emergency. But you need medical help fast. There's now 1 1 1 number to call. CALL 111 when it's less urgent than 999



Steppingstones Medical Practice
Stafford Street
Dudley
DY1 1RT

Phone: 01384 458 229

The Patients Participation Group

Working in partnership
with the Surgery for the
benefit of all.

One for our intrepid explorers Going abroad On Holiday. Do you need a jab?

There's no point spending hours choosing your swimwear, beach bag and flip-flops if you barely think about the bugs and other health risks that could ruin your holiday.

Almost one in four UK holidaymakers don't have any vaccinations before they go away, despite travelling to areas that have life-threatening infectious diseases.

It's not worth skipping travel vaccinations. Infectious diseases can make you very sick & spoil your holiday. Vaccinations protect you against many travel-related infections, such as yellow fever, typhoid and hepatitis A.

Below is a list of countries that may require vaccination, but if you are not sure check the NHS web site.

Asia: Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan, China, Hong Kong, Macau, Japan, North & South Korea, Madagascar, Mongolia, Russia, Brunei, Burma, Cambodia, East Timor, Indonesia Laos, Malaysia, Philippines, Singapore, Thailand, Vietnam, Afghanistan, Bangladesh Bhutan, India, Maldives, Nepal, Pakistan, Sri Lanka, Armenia, Azerbaijan, Bahrain, Cyprus, Georgia, Iraq, Iran, Israel, Jordan, Kuwait, Lebanon, Oman, Palestine, Qatar, Saudi Arabia, Syria, Turkey, United Arab Emirates and Yemen.

South America: Argentina, Bolivia, Brazil, Chile, Colombia, Ecuador, Guyana, Paraguay, Peru, Suriname, Uruguay and Venezuela.

If you are going somewhere out of the ordinary please check that countries requirement. If you do require holiday jabs make sure you contact the surgery well in advance. Some vaccinations need to be ordered and some are time sensitive. If you require advice please give the surgery a ring.

Did you know that after ordering your prescription you can contact one of the local chemists who will collect and dispense the prescription from the surgery and have it ready for you.

Contact your local chemist for more information.

Visit us on

www.steppingstonesmedicalpractice.co.uk

